

	<b>MGM's INSTITUTE OF PHYSIOTHERAPY AURANGABAD</b>  <b>Monthly lesson plan</b>	Doc No.	DC/MGMIOP/M LP/IQAC/005
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**Subject** Kinesiotherapy      **Year** Second BPTb  
**Month** January-21

Date	Day	Topic	Staff	Time	Hrs
7-Jan-21	Thu	Traction	Dr Abhisheek	9-10AM	1
8-Jan-21	Fri	Neuromuscular co-ordination and Balance	Dr Ashwini	9-10AM	1
11-Jan-21	Mon	Traction	Dr Abhisheek	9-10AM	1
		Neuromuscular co-ordination and Balance	Dr Ashwini	2-3PM	1
12-Jan-21	Tue	Neuromuscular co-ordination and Balance Practical	Dr Ashwini	9-10 AM	1
		Traction	Dr Abhisheek	3-4 PM	1
14-Jan-21	Thu	Traction Practical	Dr Abhisheek	9-10AM	1
15-Jan-21	Fri	Neuromuscular co-ordination and Balance Practical	Dr Ashwini	9-10AM	1
18-Jan-21	Mon	Traction Practical	Dr Abhisheek	9-10AM	1
		Neuromuscular co-ordination and Balance Practical	Dr Ashwini	2-3PM	1
19-Jan-21	Tue	Neuromuscular co-ordination and Balance Practical	Dr Ashwini	9-10AM	1
		Traction Practical	Dr Abhisheek	3-4 PM	1
21-Jan-21	Thu	Traction Practical	Dr Abhisheek	9-10AM	1
22-Jan-21	Fri	Neuromuscular co-ordination and Balance Practical	Dr Ashwini	9-10AM	1
25-Jan-21	Mon	Streching	Dr Abhisheek	9-10AM	1
		MMT Practice	Dr Goutami	2-3PM	1
28-Jan-21	Thu	MMT Practice	Dr Goutami	9-10AM	1
29-Jan-21	Fri	Streching	Dr Abhisheek	9-10AM	1
<b>Total</b>					<b>17</b>

  
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**Subject** Kinesiotherapy **Year** Second BPTH  
**Month** February-21

Date	Day	Topic	Staff	Time	Hrs
1-Feb-21	Mon	MMT LE Practical	Dr Goutami	9-10 AM	1
		Strengthening LE Practical	Dr Payal	2-3 PM	1
2-Feb-21	Tue	Strengthening LE Practical	Dr Payal	9-10 AM	1
		MMT LE Practical	Dr Goutami	3-4 PM	1
4-Feb-21	Thu	Strengthening LE Practical	Dr Payal	9-10AM	1
5-Feb-21	Fri	MMT LE Practical	Dr Goutami	9-10AM	1
8-Feb-21	Mon	MMT LE Practical	Dr Goutami	9-10 AM	1
		Strengthening LE Practical	Dr Payal	2-3 PM	1
9-Feb-21	Tue	Strengthening LE Practical	Dr Payal	9-10 AM	1
		MMT LE Practical	Dr Goutami	3-4 PM	1
11-Feb-21	Thu	Strengthening LE Practical	Dr Payal	9-10AM	1
12-Feb-21	Fri	MMT LE Practical	Dr Goutami	9-10AM	1
15-Feb-21	Mon	Chest PT	Dr Manish	9-10AM	1
		Gait-Measurable Parameter	Dr Goutami	2-3PM	1
16-Feb-21	Tue	Gait-Measurable Parameter	Dr Goutami	9-10 AM	1
		Chest PT	Dr Manish	3-4 PM	1
18-Feb-21	Thu	Chest PT	Dr Manish	9-10AM	1
19-Feb-21	Fri	Gait-Measurable Parameter	Dr Goutami	9-10AM	1
22-Feb-21	Mon	Chest PT	Dr Manish	9-10AM	1
		Waking Aids	Dr Goutami	2-3PM	1
23-Feb-21	Tue	Waking Aids	Dr Goutami	9-10 AM	1
		Chest PT Practical	Dr Manish	3-4 PM	1
25-Feb-21	Thu	Chest PT Practical	Dr Manish	9-10AM	1
26-Feb-21	Fri	Waking Aids Practical	Dr Goutami	9-10AM	1

  
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**Subject**      Kinesiotherapy      **Year**      Second BPTb  
**Month**        March-21

Date	Day	Topic	Staff	Time	Hrs
1-Mar-21	Mon	Chest PT Practical	Dr Manish	9-10 AM	1
		Waking Aids Practical	Dr Goutami	2-3 PM	1
2-Mar-21	Tue	Waking Aids Practical	Dr Goutami	9-10 AM	1
		Chest PT Practical	Dr Manish	3-4 PM	1
4-Mar-21	Thu	Chest PT Practical	Dr Manish	9-10AM	1
5-Mar-21	Fri	Waking Aids Practical	Dr Goutami	9-10AM	1
8-Mar-21	Mon	Chest PT Practical	Dr Manish	9-10 AM	1
		Waking Aids Practical	Dr Goutami	2-3 PM	1
9-Mar-21	Tue	Waking Aids Practical	Dr Goutami	9-10 AM	1
		Chest PT-ACBT	Dr Manish	3-4 PM	1
11-Mar-21	Thu	Chest PT-ACBT Practical	Dr Manish	9-10AM	1
12-Mar-21	Fri	Waking Aids Practical	Dr Goutami	9-10AM	1
15-Mar-21	Mon	Chest PT-AD	Dr Manish	9-10AM	1
		Functional Reeducation	Dr Sheetal	2-3PM	1
16-Mar-21	Tue	Functional Reeducation	Dr Sheetal	9-10 AM	1
		Chest PT- AD Practical	Dr Manish	3-4 PM	1
18-Mar-21	Thu	Functional Reeducation Practical	Dr Sheetal	9-10AM	1
19-Mar-21	Fri	Functional Reeducation Practical	Dr Sheetal	9-10AM	1
22-Mar-21	Mon	Functional Reeducation Practical	Dr Sheetal	9-10AM	1
		Motor Control, PC & Balance	Dr Shardha	2-3PM	1
23-Mar-21	Tue	Motor Control, PC & Balance	Dr Shardha	9-10 AM	1
		Functional Reeducation Practical	Dr Sheetal	3-4 PM	1
25-Mar-21	Thu	Functional Reeducation Practical	Dr Sheetal	9-10AM	1
26-Mar-21	Fri	Home Programme	Dr Sanskruti	9-10AM	1
30-Mar-21	Tue	Functional Reeducation Practical	Dr Sheetal	9-10 AM	1
		Home Programme	Dr Sanskruti	3-4 PM	1

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**Subject** Kinesiotherapy **Year** Second BPTth  
**Month** April-21

Date	Day	Topic	Staff	Time	Hrs
19-Apr-21	Mon	Functional Reeducation Practical	Dr Sheetal	9-10 AM	1
		Hydrotherapy	Dr Goutami	2-3 PM	1
20-Apr-21	Tue	Functional Reeducation Practical	Dr Sheetal	9-10 AM	1
		Hydrotherapy	Dr Goutami	3-4 PM	1
22-Apr-21	Thu	Hydrotherapy	Dr Goutami	9-10AM	1
23-Apr-21	Fri	MMT LE Practice	Dr Goutami	9-10AM	1
26-Apr-21	Mon	MMT LE Practice	Dr Goutami	9-10AM	1
		Strengthening LE Practice	Dr Payal	2-3PM	1
27-Apr-21	Tue	Strengthening LE Practice	Dr Payal	9-10 AM	1
		Chest PT-Practice	Dr Manish	3-4 PM	1
29-Apr-21	Thu	Chest PT-Practice	Dr Manish	9-10AM	1
30-Apr-21	Fri	Functional Reeducation Practice	Dr Sheetal	9-10AM	1
<b>Staff Name</b>		<b>Topic</b>	<b>Theory</b>	<b>Practical</b>	<b>Total</b>
Dr Goutami		Hydrotherapy/MMT- LE	3	2	5
Dr Payal		Strengthening LE		2	2
Dr Sheetal		Functional Reeducation		3	3
Dr Manish		Chest PT		2	2
				<b>Total</b>	<b>10</b>

  
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**Subject** Kinesiotherapy      **Year** Second BPTb  
**Month** May-21      **Date** 28-Apr-21

Date	Day	Topic	Staff	Time	Hrs
3-May-21	Mon	Hydrotherapy	Dr Sheetal	9-10 AM	1
		Gait-Measurable Parameter	Dr Sanket	2-3 PM	1
4-May-21	Tue	Gait-Measurable Parameter	Dr Sanket	9-10 AM	1
		Hydrotherapy	Dr Sheetal	3-4 PM	1
6-May-21	Thu	Hydrotherapy	Dr Sheetal	9-10AM	1
7-May-21	Fri	Gait-Measurable Parameter	Dr Sanket	9-10AM	1
10-May-21	Mon	Chest PT	Dr Manish	9-10 AM	1
		Waking Aids	Dr Sanket	2-3 PM	1
11-May-21	Tue	Waking Aids	Dr Sanket	9-10 AM	1
		Chest PT	Dr Manish	3-4 PM	1
13-May-21	Thu	Chest PT	Dr Manish	9-10AM	1
14-May-21	Fri	Waking Aids Practical	Dr Sanket	9-10AM	1
17-May-21	Mon	Chest PT	Dr Manish	9-10AM	1
		Waking Aids Practical	Dr Sanket	2-3PM	1
18-May-21	Tue	Waking Aids Practical	Dr Sanket	9-10 AM	1
		Chest PT Practical	Dr Manish	3-4 PM	1
20-May-21	Thu	Chest PT Practical	Dr Manish	9-10AM	1
21-May-21	Fri	Waking Aids Practical	Dr Sanket	9-10AM	1
24-May-21	Mon	Chest PT-ACBT	Dr Manish	9-10AM	1
		Waking Aids Practical	Dr Sanket	2-3PM	1
25-May-21	Tue	Waking Aids Practical	Dr Sanket	9-10 AM	1
		Chest PT-ACBT Practical	Dr Manish	3-4 PM	1
27-May-21	Thu	Chest PT-AD	Dr Manish	9-10AM	1
28-May-21	Fri	Home Programme	Dr Sheetal	9-10AM	1
31-May-21	Mon	Chest PT-AD Practical	Dr Manish	9-10 AM	1
		Home Programme	Dr Sheetal	3-4 PM	1

  
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**Subject** Kinesiotherapy  
**Month** June-21

**Year** Second BPTb

**Date** 3-Jun-21

Date	Day	Topic	Staff	Time	Hrs
7-Jun-21	Mon	Functional Reeducation	Dr Sanskruti	9-10 AM	1
		Motor Control, Postural control And Balance	Dr Ashwini	2-3 PM	1
8-Jun-21	Tue	Motor Control, Postural control And Balance	Dr Ashwini	9-10 AM	1
		Functional Reeducation	Dr Sanskruti	3-4 PM	1
10-Jun-21	Thu	Functional Reeducation Practical	Dr Sanskruti	9-10AM	1
11-Jun-21	Fri	Functional Reeducation Practical	Dr Sanskruti	9-10AM	1
14-Jun-21	Mon	Functional Reeducation Practical	Dr Sanskruti	9-10 AM	1
		Chest PT Practice	Dr Manish	2-3 PM	1
15-Jun-21	Tue	Functional Reeducation Practical	Dr Sanskruti	9-10 AM	1
		Chest PT Practice	Dr Manish	3-4 PM	1
17-Jun-21	Thu	Functional Reeducation Practical	Dr Sanskruti	9-10AM	1
18-Jun-21	Fri	Functional Reeducation Practical	Dr Sanskruti	9-10AM	1
21-Jun-21	Mon	Functional Reeducation Practical	Dr Sanskruti	9-10AM	1
		MMT Practice	Dr Goutami	2-3PM	1
22-Jun-21	Tue	MMT Practice	Dr Goutami	9-10 AM	1
		Functional Reeducation Practical	Dr Sanskruti	3-4 PM	1
24-Jun-21	Thu	Strengthening Practice	Dr Payal	9-10AM	1
25-Jun-21	Fri	Streching Practice	Dr Abhisheek	9-10AM	1
28-Jun-21	Mon	Strengthening Practice	Dr Payal	9-10AM	1
		Joint Mobility Pracice	Dr Sanskruti	2-3PM	1
29-Jun-21	Tue	Streching Practice	Dr Abhisheek	9-10 AM	1
		Joint Mobility Practice	Dr Sanskruti	3-4 PM	1
<b>Staff Name</b>		<b>Topic</b>	<b>Theory</b>	<b>Practical</b>	<b>Total</b>
Dr Sanskruti		Functional Reeducation/Joint	2	10	12
Dr Ashwini		Motor Control, Postural control	2		2
Dr Goutami		MMT Practice		2	2
Dr Manish		Chest PT Practice		2	2
Dr Payal		Strengthening Practice		2	2
					20+02=22

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Kinesiotherapy  
July-21

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Second BPTd

Date 30-Jun-21

Date	Day	Topic	Staff	Time	Hrs
1-Jul-21	Thu	Chest PT Practice	Dr Manish	9-10AM	1
2-Jul-21	Fri	MMT-Practice	Dr Goutami	9-10AM	1
5-Jul-21	Mon	MMT-Practice	Dr Goutami	9-10 AM	1
6-Jul-21	Tue	Chest PT Practice	Dr Manish	2-3 PM	1
6-Jul-21	Tue	MMT-Practice	Dr Goutami	9-10 AM	1
8-Jul-21	Thu	Chest PT Practice	Dr Manish	3-4 PM	1
9-Jul-21	Fri	Chest PT Practice	Dr Manish	9-10AM	1
9-Jul-21	Fri	MMT-Practice	Dr Goutami	9-10AM	1
12-Jul-21	Mon	Joint Mobility Practice	Dr Sanskruti	9-10AM	1
12-Jul-21	Mon	Waking Aids Practice	Dr Sanket	2-3PM	1
13-Jul-21	Tue	Waking Aids Practice	Dr Sanket	9-10 AM	1
13-Jul-21	Tue	Joint Mobility Practice	Dr Sanskruti	3-4 PM	1
15-Jul-21	Thu	Waking Aids Practice	Dr Sanket	9-10AM	1
16-Jul-21	Fri	Joint Mobility Practice	Dr Sanskruti	9-10AM	1
19-Jul-21	Mon	Strengthening Practice	Dr Payal	9-10AM	1
19-Jul-21	Mon	Joint Mobility Practice	Dr Sanskruti	2-3PM	1
20-Jul-21	Tue	Strengthening Practice	Dr Payal	9-10 AM	1
20-Jul-21	Tue	Functional Reeducation Practice	Dr Sanskruti	3-4 PM	1
22-Jul-21	Thu	Strengthening Practice	Dr Payal	9-10AM	1
23-Jul-21	Fri	Strengthening Practice	Dr Payal	9-10AM	1
26-Jul-21	Mon	Functional Reeducation Practice	Dr Sanskruti	9-10 AM	1
26-Jul-21	Mon	Streching Practice	Dr Abhisheek	3-4 PM	1
27-Jul-21	Tue	Posture Practice	Dr Sheetal	9-10 AM	1
27-Jul-21	Tue	Streching Practice	Dr Abhisheek	3-4 PM	1
29-Jul-21	Thu	Posture Practice	Dr Sheetal	9-10AM	1
30-Jul-21	Fri	Functional Reeducation Practice	Dr Sanskruti	9-10AM	1
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**Subject** Kinesiotherapy      **Year** Second BPTth (Odd Batch)  
**Month** August-21      **Date** 31-Jul-21

Date	Day	Topic	Staff	Time	Hrs
2-Aug-21	Mon	Hydrotherapy	Dr Sheetal	9-10 AM	1
		Gait-Measurable Parameter	Dr Sanket	2-3 PM	1
3-Aug-21	Tue	Gait-Measurable Parameter	Dr Sanket	9-10 AM	1
		Hydrotherapy	Dr Sheetal	3-4 PM	1
5-Aug-21	Thu	Waking Aids	Dr Sanket	9-10AM	1
6-Aug-21	Fri	Waking Aids	Dr Sanket	9-10AM	1
9-Aug-21	Mon	Waking Aids Practical	Dr Sanket	9-10 AM	1
		Motor control & Postural control & Balance	Dr Ashwini	2-3 PM	1
10-Aug-21	Tue	Waking Aids Practical	Dr Sanket	9-10 AM	1
		Motor control & Postural control & Balance	Dr Ashwini	2-3 PM	1
12-Aug-21	Thu	Waking Aids Practical	Dr Sanket	2-3 PM	1
13-Aug-21	Fri	Motor control & Postural control & Balance	Dr Ashwini	9-10AM	1
16-Aug-21	Mon	Humidification	Dr Manish	9-10AM	1
17-Aug-21	Tue	Waking Aids Practical	Dr Sanket	2-3PM	1
		Waking Aids Practical	Dr Sanket	9-10 AM	1
		Humidification	Dr Manish	3-4 PM	1
19-Aug-21	Thu	Home Programme	Dr Sheetal	9-10AM	1
20-Aug-21	Fri	Waking Aids Practical	Dr Sanket	9-10AM	1
23-Aug-21	Mon	Seminar	Dr Manish	9-10AM	1
		Seminar	Dr Sanket	2-3PM	1
24-Aug-21	Tue	Seminar	Dr Sheetal	9-10 AM	1
		Seminar	Dr Payal	3-4 PM	1
26-Aug-21	Thu	Seminar	Dr Goutami	9-10AM	1
27-Aug-21	Fri	Seminar	DrAshwini	9-10AM	1
30-Aug-21	Mon	Chest PT-Practice	Dr Manish	9-10AM	1
		Waking Aids Practice	Dr Sanket	2-3PM	1
31-Aug-21	Tue	MMT Practice	Dr Goutami	9-10 AM	1
		Strengthening Practice	Dr Payal	3-4 PM	1
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**Month** September-21 **Date** 30-Aug-21

Date	Day	Topic	Staff	Time	Hrs
1-Sep-21	Thu	MMT Practice	Dr Goutami	9-10AM	1
2-Sep-21	Fri	Functional Reeducation	Dr Sanskruti	9-10AM	1
6-Sep-21	Mon	MMT Practice	Dr Goutami	9-10 AM	1
		Strengthening Practice	Dr Payal	2-3 PM	1
7-Sep-21	Tue	Strengthening Practice	Dr Payal	9-10 AM	1
		Functional Reeducation	Dr Sanskruti	2-3 PM	1
9-Sep-21	Thu	Functional Reeducation Practical	Dr Sanskruti	2-3 PM	1
13-Sep-21	Mon	Functional Reeducation Practical	Dr Sanskruti	9-10AM	1
		Strengthening Practice	Dr Payal	2-3PM	1
14-Sep-21	Tue	Strengthening Practice	Dr Payal	9-10 AM	1
		Functional Reeducation Practical	Dr Sanskruti	3-4 PM	1
16-Sep-21	Thu	Functional Reeducation Practical	Dr Sanskruti	9-10AM	1
17-Sep-21	Fri	Functional Reeducation Practical	Dr Sanskruti	9-10AM	1
<b>Staff Name</b>		<b>Topic</b>	<b>Theory</b>	<b>Practical</b>	<b>Total</b>
Dr Sanskruti		Functional Reeducation	2	5	7
Dr Goutami		MMT Practice		2	2
Dr Payal		Strengthening Practice		4	4
					13

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